



Conditioning the Body , Mind & Soul

Basic level teacher training course details and schedule

On completion of the course participants will be eligible to teach kids in pre-primary or EYP at schools under age group 2.5 to 5 years.

Pre-requisite for participants: A yoga school certification or Early Childhood Care (ECC) certification or its equivalent is required.

Venue-The Learning Experience Juhu , near Juhu post office.

Dates -24,25,26,28,29th December 2015

Time-10.30am to 1pm with a 15 minutes tea break.

Fees- Rs 25000/ (Inclusive of all taxes)

Schedule

Date	Topics to be covered
24 th ,25 th ,26 th	Introduction to yoga, Theory about yogaforkids, Designing of Course Content, Application of Braingym and significance of lesson planning
28 th	Practical lessons, real time demo classes, formulation of themes , ideas and discussions
29 th	Business strategies and economics. Written and practical examination, individual feedback following which Certification of students who pass the examination.

Please Note: Participants can avail further practical lessons on every working Monday at Aseema Santacruz west between 12pm to 1.30 in order to clear their concepts.